



String of fires in Ottawa

The blaze was one of a string of fires doused by fire services over the weekend. Firefighters were also called upon to extinguish a suspicious fire Saturday night in Stittsville. The Ottawa police

Lobbyist registry too broad: Critics

Private communication or meetings with city officials would be lobbying, public meetings and delegations would not: Draft bylaw



A measure aimed at making local government more open might do the opposite, some community activists say. A city report, tabled Friday, plans for a lobbyist registry that lumps in unpaid volunteers with professional lobbyists.

Under the draft bylaw, both types would register before communicating with certain city officials, if their goal is to influence city decisions.

There are already so many layers of bureaucracy," said Denis Labreche, president of the Carlsbad Springs Community Association. "Registering is just too complicated to me."

Labreche said people should be able to talk to councillors at any time, about anything.

"These people are elected to rep-

if they start putting barriers in front of people like that, I think that would be a problem," he said.

Bob Brocklebank, of the Glebe Community Association, said he is concerned the bylaw would turn every civic-minded person into a

"I do see the logic," he said. "But how laborious is this going to be? I wonder if they've cast their net too broadly."

Brocklebank said councillors constantly meet with constituents and he's concerned neighbourhood groups members will have to register first if they want to express an opinion on any matter of coun-

Carleton Prof. Ian Lee, who is also a Friends of Lansdowne member, said the point of registering paid lobbyists or corporate interests is that "they have big bucks and are trying to work behind closed doors, they might have something to hide. Not-for-profits are working in the public domain,

"The more open and accessible our government is, the better it is for taxpayers"

MAYOR IIM WATSON

they have nothing to offer legisla-

There will be several chances for public comment on the registry, starting with the Governance Renewal Sub-Committee Dec. 1.

Mayor Jim Watson who campaigned on creating a registry said he's eager to hear if the bylaw is "too strict or not strict enough."

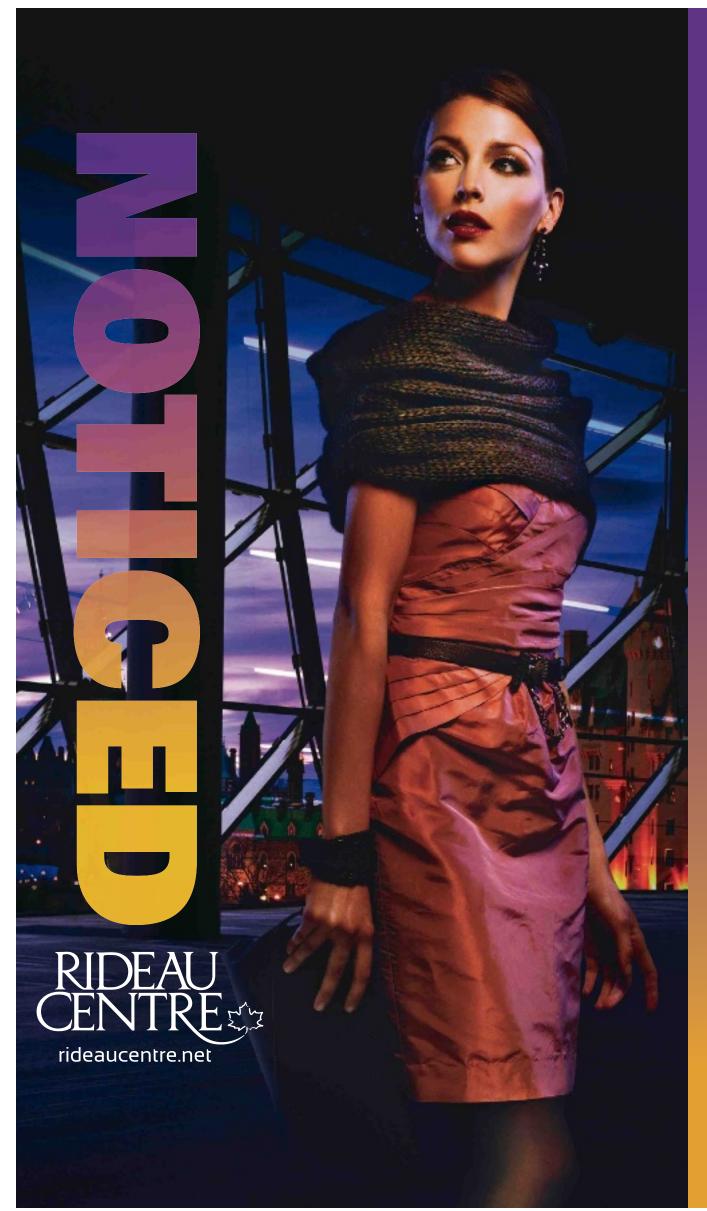
He said the purpose of the registry is to capture anyone lobbying the city for a change to a policy, procedure or practice.

"There are lots of volunteers who work for organizations that are seeking change from the city and they should still be included in it," he said.









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Police bike stops car chase

Suspected abductor found hiding under porch • Alleged abductee released without injury



A dangerous car chase in a suspected abduction came to an abrupt end yesterday when Ottawa police threw an officer's bicycle under a stolen van, deflating one of the vehicle's tires.

Staff Sgt. Brad Hampson said he had never seen a chase stopped that way before.

Police would not say exactly where the chase took place and Hampson would not confirm it was related to reports that a van was seen driving on the sidewalk along Elgin Street.

However, he said the pursuit started in the Mararea and went

through Vanier and Uppertown, where it was halted at times when it became a danger to the public and police.

A 23-year-old man was arrested when a canine unit found him hiding under a porch around Gilmour and Kent streets after he fled on foot.

Officers said the man is suspected of abducting a woman and the Partner Assault Section is investigating.

The woman was not in the car at the time of the chase and she was released unharmed, police said.

Witnesses are asked to contact the Partner Assault Section at 613-236-1222, ext. 5407, or Crime Stoppers at 613-233-8477 (TIPS).



Down but not out at Occupy camp

Youth sought after gunshots

A man described by Ottawa police as "armed and dangerous" is being sought for questioning after two reports of gunshots fired over the weekend.

The first reported case of shots being fired occurred on Friday at about 7 p.m. near 327 York St., where police discovered

evidence of gunshots.

The guns and gangs unit and D.A.R.T. identified Daniel Enrique Esquivel, 19, of Ottawa as a suspect. He is wanted for firearms offences

He is described as fivefoot-eight and about 141 pounds.

JOE LOFARO



▶ Daniel Enrique Esquivel

News in brief

Man falls from **Kanata highrise**

ACCIDENT. A man in his 40s is in critical condition after he fell from a 15-storey

highrise yesterday near the 7300 block of Campeau Drive in Kanata, paramedics said. A woman called 911 after seeing a man fall past her window, paramedic spokesman Steven Leu said. When paramedics found the man, he was breathing but not fully

conscious. He was taken to hospital with lifethreatening injuries. **a** IOE LOFARO

Swim for freedom ends in arrest

SOMETHING FISHY. Firefighters had to fish a suspected

young offender out of the Rideau River near Manotick after he tried to escape an arrest warrant by swimming away. Ottawa police said they went to the boy's home to execute an outstanding arrest warrant, but the suspect fled into the river. They followed him along

the shoreline and requested the assistance of the Ottawa Fire Department and Ottawa Ambulance Service. He was arrested. taken to hospital for observation and later released and transported to the Ottawa Police Service cellblock.

O IOE LOFARO





munity is small, but the

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> On the web at metronews.ca

In the wake of violence in Cairo's Tahrir Square, **Defence Minister** Peter MacKay calls on the world to join him in offering support for democracy in the Middle East. Video at metronews.ca/



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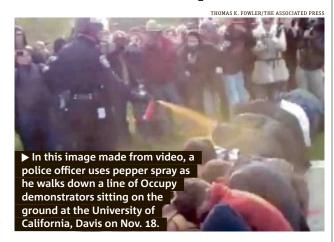
metr@news

Twitter, Facebook comments criticize police action

Two University of California, Davis police officers involved in pepper spraying seated protesters are being placed on administrative leave as the chan-cellor of the school accelerates the investigation into the incident.

UC Davis Chancellor Katehi yesterday said she has been inundated with reaction over the incident, in which an officer dispassionately fires pepper spray on a line of sitting demonstrators.

Video of the incident was circulated widely on YouTube, Facebook and Twitter, and the university's faculty association called on Katehi to resign, saying there had been a



"gross failure of leadership." Katehi said she takes "full responsibility for the incident" but has resisted calls for her resignation, instead pledging to take actions to make sure "that

does not happen again." THE ASSOCIATED PRESS



View the video online at metronews.ca.

Some Occupy campers have full-time jobs

SHELLEY WILLIAMSON IN EDMONTON

Occupy Edmonton wants to clear up a misconcep-

Of the core group of regular campers at Jasper Avenue and 102 Street site, five or six are full-time students and another five leave daily for full-time jobs, said a spokesperson.

"I am in my last year of political science and then plan to go to law school," said Mahad Mohamed, 23.

One member juggling Occupy camp duties and

working full-time is Brooke B., a former Westin chef who now

waits tables at night.

She's also a mom of two and hung up her chef's jacket — and its 60-hour work weeks — to raise her kids, aged nine and a year and a half. She also pays taxes. Brooke said she was bothered by comments posted online in response

to a news story recently, saying the protesters should all get jobs.

"It's a logical fallacy," said Brooke. "But it's frustrating.... We're here holding this ground so we can get this message to more people."

She stays full-time at the camp, with her partner and kids, since they winterized.

"I've always felt that there were gross inadequacies in our society. This movement just resonated. It's time," said Brooke.

Bombing suspect arrested in N.Y.C.

Mayor Michael Bloomberg yesterday said an "al-Qaida sympathizer" who plotted to bomb police and post offices in New York City as

well as U.S. troops returning home has been arrested on numerous terrorism-related charges.

announced Bloomberg

the arrest of 27-year-old Jose Pimentel of Manhattan, a U.S. citizen originally from the Dominican Republic. THE ASSOCIATED PRESS

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Egyptian protesters battle police

• People fear stalwarts of Mubarak's party could win polls • Concern over plan to shield military from oversight

Egyptian soldiers and police set fire to protest tents in Cairo's Tahrir Square and fired tear gas and rubber bullets in a major assault yesterday to drive out thousands demanding that the military rulers quickly transfer power to a civilian government. At least 11 protesters were killed and hundreds were injured.

It was the second day of clashes marking a sharp escalation of tensions on Egypt's streets a week before the first elections since the ouster of longtime authoritarian leader Hosni Mubarak in February. The military took over the country, promising a swift transition to civilian rule. But the pro-democracy protesters who led the uprising have grown increasingly angry with the ruling generals, and suspect they are

trying to cling to power even after an elected parliament is seated and a new president is voted in.

Street battles continued throughout the day and long into the night, spreading to side streets and sending a wave of injuries to makeshift clinics on the streets.

The military-backed cabinet said in a statement that elections set to begin on Nov. 28 would take place on time and thanked the police for their "restraint," language that is likely to enrage the protesters even more.

"We're not going anywhere," protester Mohammed Radwan said after security forces tried unsuccessfully to push the crowds out of Tahrir, the epicenter of the uprising. "The mood is good now and people are chanting again," he added after many of the demonstrators returned.

The two days of clashes were some of the worst since the uprising ended on Feb. 11.

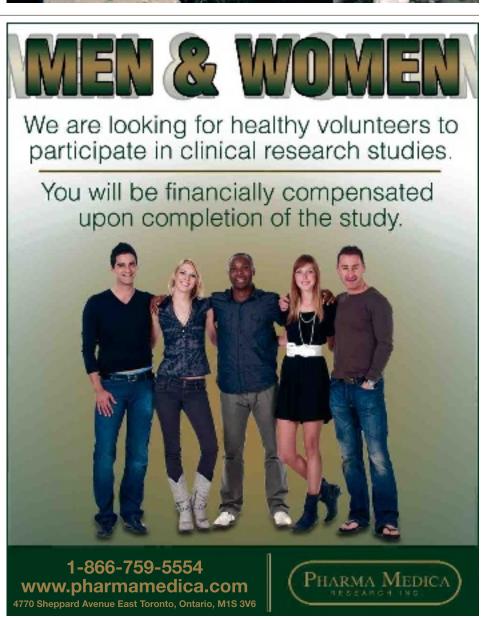
They were also one of only a few violent confrontations to involve the police since the uprising. The black-clad police were a hated symbol of Mubarak's regime and after the uprising, they have largely stayed in the background while the military took charge of security.

The military, which took over from Mubarak, has repeatedly pledged to hand power to an elected civilian government, but has yet to set a specific date. The protests over the past two days have demanded a specific date be set.

HE ASSOCIATED PRESS











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Cement used to renovate buttocks

● Suspect was posing as a doctor ● Also performed procedure on herself, and may have victimized others

A U.S. woman who wanted to work at a nightclub started searching for someone who could perform plastic surgery at a cheap price to give her a curvier body. Police say what she found was a woman posing as a doctor who filled her buttocks with cement, mineral oil and flat-tire sealant.

The suspect, Oneal Ron Morris, 30 — who police say was born a man and identifies as a woman — was arrested Friday after a year on the lam and has been charged with practising medicine without a licence with serious bodily injury.

Police photos show Mor-

ris as a small-framed woman with bee-stung pouty lips, arched eye-brows, oversized hoop earrings — and a large backside. She was released from jail on bond. A phone listing for Morris could not be found, and it's unclear if she has an attorney.

Miami Gardens Police Sgt. Bill Bamford said yesterday that Morris bounced from house to house for a year, driving a black Mercedes and staying out of investigators' sight "like a ghost."

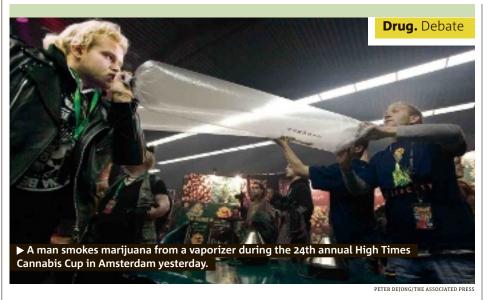
An officer drove by one of those possible houses nearly every day on his way

to work and saw the car outside on Friday, and he arrested Morris soon after.

The victim, who is not being named due to medical privacy laws, paid \$700 for a series of injections in May 2010. She was referred to Morris by a friend.

Bamford said the victim was reluctant to come forward. She quickly went to two South Florida hospitals due to severe abdominal pain and infected sores on her buttocks accompanied by flu-like symptoms. But she left each time, too embarrassed to tell doctors what she'd done.

THE ASSOCIATED PRESS



Holland's high times could be over

People who buy a judge's pass for the festival can vote in the annual competition electing the best marijuana. People from around the world come to participate in the festival, although the festival's days could soon be numbered. The Netherlands, long known for its liberal drug policies, is changing course as rightwing political leaders try to ban tourists from buying marijuana in coffee shops.

Police scout for Hells Angels

Residents of a London, Ont., street were "concerned and uneasy" yesterday after police targeted the neighbourhood for what's believed to be a new Hells Angels foothold in the city.

Police were stopping all cars on the street on Saturday as part of the investigation, a resident said. The "spot check" was designed to identify "Ontario Motorcycle Gang members and to check the safety of their motor vehicles," police said in a statement.

The statement did not indicate what led to the police action.

Neighbours said the motorcycle club has occu-

pied a house on the street for about six weeks. There have been no signs of criminal activity, but the Outlaws — another motorcycle club — are believed to have a clubhouse four blocks east.

Some neighbours say they're worried about a possible turf war.

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THE WEALTHY BARBER RETURNS

'A LOT OF THE MOST SUCCESSFUL INVESTORS THAT I RUN ACROSS DON'T PAY ANY ATTENTION'



David Chilton, author of The Wealthy Barber, which sold a whopping two million copies in Canada, chatted with Metro about his new book, The Wealthy Barber Returns.

Why did you decide to write a second book? It was frustration. We've gone backwards in the last five to 10 years.

We're starting to spend more than ever and save less.

How is it different?

It's dated now at 22 years, but for the most part The Wealthy Barber was conventional wisdom, repackaged in a format that made it more accessible. This book is more my opinions and my observations.... This isn't about the numbers, most of the mistakes that people make are because they're sabotaging their own situations through psychological breakdowns.

What advice do you give? We can't continue to pay two and three per cent to mutual-fund-management companies. They have the right to be profitable, but they're too profitable in Canada.... You're not looking for anything for free, but it has to be at a more reasonable level. The second piece of advice is to put up with the volatility. You can't keep jumping in and out of the markets.... Inevitably you're going to jump in and out of the markets at the wrong time.... A lot of the most successful investors that I run across don't pay any attention.

What was most challenging about writing the book?
On stage when you use humour, you can use intonation and facial expressions.
When you take that away and use only the printed page, it's way harder. Occasionally I would write something down I thought was funny. I would read it to someone on the phone and they'd think it was funny, but I'd have someone

read it and they'd say, "I don't think it's funny." Why does the format work? Short chapters and a lot of humour. We've seen such a difference in the past 15 years in terms of people's attention spans. They're so trained to want things in short bursts. Long, textheavy books don't work. When it comes to finance, where people are intimidated to begin with, if you throw 38 pages at them without a break they're never going to get through it.

Tips from David

- A relatively small cutback in your spending can dramatically increase saving.
- People who live within their means tend to be happier for the obvious reasons, but also because they are not consumed with consumption.
- We tend to judge people not by their net worth, but by the amount of their material possessions.
- Free flights earned through excessive loyalty credit card use are akin to the "free" hotel rooms offered to heavy gamblers.
- Saying "I can't afford it" is not an admission of failure.
- Saving should come first and borrowing later. Many Canadians live it the other way round.
- Good savers have areas of indulgence, but know that high spending in one area requires discipline in others.
- Stick to a balanced, diversified financial portfolio and focus on the long-term.

No next term for Italian PM?

Silvio Berlusconi revealed yesterday that his party had asked new Prime Minister Mario Monti not to run for office beyond his present term as part of negotiations to secure crucial support from parliament's largest force. Berlusconi said his party would decide on support for Monti measure by measure.

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PAVING PARKLAND TO PUT UP A PARKING LOT

URBAN COMPASS

STEVE COLLINS METRO OTTAWA



While cities across Canada mobilize courts and police against protesters camped in their public spaces, Occupy Ottawa continues to enjoy both remarkably mild

weather and tolerant authorities. Elsewhere, tents come down and handcuffs come out as the protesters run up against municipal bylaws. Occu-

py Toronto and Occupy Vancouver face new legal deadlines today.

Ottawa's occupiers, however, whether by dumb luck or crowd-sourced strategic brilliance, picked as their home Confederation Park, which is under the jurisdiction not of the city but of the federal National Capital Commission.

"The Canadian Museum of Nature ... now finds itself pinched for parking."

So far, the NCC has been an indulgent host, insisting only on a few ground rules like a prohibition on erecting permanent structures and politely suggesting it would like the park back for Winterlude in February.

A few blocks south, another group is occupying

NCC land and wants to erect a structure they say is

The Canadian Museum of Nature, which last year completed a \$216-million retrofit, now finds itself pinched for parking. Its west lawn was taken over by construction crews during the restoration. It was originally intended to be reinstated as parkland but now the museum wants to install a 150-space parking lot.

Earlier plans for an underground parking lot like those at the other Ottawa museums would have left the park intact, but would have cost over \$10 million.

While the museum is confident the NCC will greenlight the parking lot, neighbours are trying to apply the brakes. Roshell Bissett, who lives in the nearby Beaver Barracks complex, was incredulous when she heard of the parking plan.

"Why would they take NCC property and make it into a parking lot?" she asked, "especially since it's the Museum of Nature ... an institution that's supposed to be representing the conservation of nature?

Bissett has started a Facebook page to publicize the issue and is gathering names for a petition, but she's also looking for practical alternatives to save the park. A local condo building, she said, has vacant parking spaces museum visitors might be able to use.

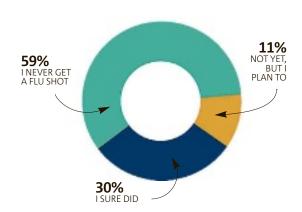
The surface parking lot plan is described as an interim measure, until underground parking becomes feasible or public transit to the museum improves. A couple of decades, maybe. Not long in the lifespan of a museum, but forever for a kid looking for grass to play on.

Bissett's skeptical of assurances that once the parkland becomes parking, it will ever be restored. She's



Register at metropolitanpanel.ca and take the quick poll

Have you received a flu shot this year?



Local tweets



@Team-Lvndsav: Wth, it just stops raining?

No, if you're gonna rain today, make it an all day rainy day.

- @richardmsalonga: :(to rainy days #ihatetherain
- @Jb20thJeff: Cold rainy Sunday= LFC at 11:00 am sweet!
- @StephSwart: ...Weather. It would be nice if you weren't such cold, rainy garbage today.

▶ @azrinnn: Woke up to a rainy sunday, absolutely the best way to wake up. :)

11

- @courtneymorgan: I went to go take a nap thinking it was rainy and it's sunny and blue skies. Now I feel obligated to go out... #trivialdilemmas
- @KerriFar: Rainy Day Lady ~ Female #cardinal ~ http://t.co/swnliSlr~ #birds #outdoors #nature

Worth **Mentioning**

ANOTHER CANADIAN CLICHÉ PUT TO REST.

A survey conducted for **Environment Canada** suggests not all Canadians are actually obsessed with the weather.

Only 70 per cent said they're very likely to check the forecast on a typical day and only 63 per cent said the forecast is important to them.

And while 79 per cent of Canadians thought it's important that meteorologists be right about how much it's going to snow, that was down five percentage points from 2002.

"Most Canadians ... feel that the weather information they receive provides enough information to make decisions or plans," the study says.

The survey suggests a growing number of Canadians are getting weather information off the Internet, but TV and radio remain the first and second choices for respondents, with weather-specific channels topping the

When it comes to warnings, most Canadians get that information from local radio, the study says.

THE CANADIAN PRESS

photo of the day ► This photo titled Stormy Lamppost, was submitted to the Imagination category by Orange and Green from Toronto.

Metro invites its readers to join the Metro Global **Photo Challenge** - running in 100 cities on four continents — to win fantastic prizes and worldwide recognition. Enter your digital photos at metrophotochallenge.com. The contest runs until Nov. 22. As well as a chance to win a trip to any city Metro publishes, one submission will also be featured here daily.

Caribou play peekaboo

A vast herd of northern caribou that scientists feared had vanished from the face of the Earth has been found. safe and sound — pretty much where aboriginal elders said it would be all

"The Beverly herd has not disappeared," said John Nagy, lead author of a recently published study that has biologists across the North

Those scientists were shaken by a 2009 survey on the traditional calving

grounds of the Beverly herd. A herd that once numbered 276,000 animals seemed to have completely disappeared, the most dramatic and chilling example of a general decline in barren-ground caribou.

But Nagy's research — and consultation with the communities that live with the animals -

concludes differently.
It turns out that the Beverly herd has simply shifted its calving grounds.

Nunavut government biologist Mitch Campbell said a survey suggests Beverly numbers remain healthy.

While scientists are excited, aboriginal elders are more likely to shrug.

Next time scientists should pay them a little more mind, Campbell said. THE CANADIAN PRESS



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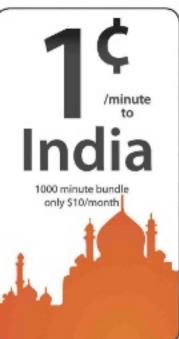
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those perpetual balcony

fixtures Statler and Wal-

dorf who've been hurl-

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Frog and his gang

since the beginning.

weren't doing a lot of

old



Statler and Waldorf have their say

The Muppets' curmudgeonly critics give their opinion of the latest movie from Kermit and his crew ● The review might not be accurate — Statler kept his eyes closed for most of the film





The Twiliaht Saga has staked out another huge opening with \$139.5 million in its first weekend of The Twilight Saga: Breaking Dawn - Part 1. Happy Feet 2 pulled in just \$22 million over opening weekend. Immortals fell to third place with \$12.3 million.

THE ASSOCIATED PRESS



Have you seen the new movie The Muppets yet? And if so, what do you think of it?

Statler: I loved the movie. Amy Adams is beautiful and funny. Jason Segel is hilarious. Chris

Cooper makes a great

bad guy. And the star cameos are amazing! Waldorf: Yeah, but what about The Muppets? Statler: I closed my eyes during those parts. **Waldorf:** But The Muppets

are in most of the movie. You kept your eyes closed for most of the movie?

Statler: Sure. That's why I liked it so much.

Statler: Buenos dias! Mi Oh... in that case, "His casa is su casa!" casa su casa!

Waldorf: You old

fool, you just in-

vited Brazil,

and Chile

over to your

Colombia

house. Statler: Waldorf: Can I answer the question now?

Statler: Stranger things have happened.

Waldorf: Well, I just want to say to our friends in Latin America: See The Muppets. Cause there's nothing like entertainment...

Statler: Yeah, and The Muppets are nothing like great entertain-

press for The Muppets, but they did agree to speak with Metro. Is there anything special you'd like to say to our readers in Latin America? **Celtic Tenors**



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Hoping to Enlighten viewers

Series gains fan base Waiting on word if renewed for another season



It's ironic but the personal meltdown that accompanied the cancellation of Mike White's last series, Cracking Up, led the writer and actor to his latest acclaimed TV show.

"I had TV experiences that have been really painful in that you kill yourself and then they bury the show," said the School of Rock writer/star recently about returning to television with Enlight-

"Sometimes the hardest part is going back to real life and try to put these idealistic notions into practice and I think that's sort of the spirit of what the show is.'

Co-created with Laura Dern, the HBO series ex-

"They're in it for a different endgame than other places and because their endgame is different, the whole process is different, the product is different and for someone like me, you couldn't ask for anything more."

MIKE WHITE ON HBO

amines a woman who returns to her corporate lifestyle with a new-age lease on life after having a very public breakdown at the office.

Like many of White's more independent films (such as Chuck & Buck), the comedy has a melancholic subtlety.

"Because the character isn't an every-person, you kind of have to decide to follow her," said White.

"The cool part of TV is that you can continue to unfold a story and show a character in all of its dimensions and I think that hopefully the quality of the show will keep people coming back to it.

Enlightened has been steadily gaining fans and as White waits to hear whether the series (which airs Mondays on HBO Canada) will be renewed for another season, he remains unsure of whether another meltdown is also on the horizon.

"(I'm) facing it with a mixture of anticipation, excitement and kind of

Resumé

A few Mike White projects:

- Nacho Libre: Writer (2006) School of Rock: Writer/
- actor (2005)
- Orange County: Writer/ actor (2002)
- Chuck & Buck: Writer/ actor (2000)
- Dawson's Creek: Writer (1998-99)

dread because it's a lot of work," laughed White.

"At the same time, there's something about this character that I relate to and in a way I think this first season is all set up ... the story of someone going up against a company and trying to change it from within can really get



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Celebrity tweets

Ladies and Gentleman, I present to you, Hello Kitty wine. It's real. Finally, wine for girls!

@SarahKSilverman The smell of the laundry room in my apt bldg is my all-time favorite smell

When they say "everythina's better with bacon" I'm having a hard time doing the math on that....

> @rustyrockets @DAVID LYNCH can you direct my gig on 29th? I'd like a

macabre, non-linear dreamscape concluding with a larvae baby. RSVP





Is Moore into women?

O Sources say Ashton and Demi had an 'open marriage' for years

THF WORD

DOROTHY ROBINSON

SCENE@METRONEWS.CA



Ashton Kutcher's alleged infidelity may have been the last straw in marriage his Demi

Moore, but sources tell Star magazine that the pair's rumoured "open marriage" been a strain for years.

"Everyone in Hollywood knows about their arrangement, but they've managed to keep it a secret from the general public," a source claims.
"Demi is attracted to

women just as much as men, so she didn't always get all she needed from Ashton. She was cool with Ashton having flirtatious



relationships, too.

Somehow they made it work all these years. Both of them were respectful of each other. It was a lot of fun for them.'

But Kutcher's pair of cheating scandals, including his reported tryst with a young woman during his and Kutcher's sixth anniversary, were apparently too much for Moore, who filed for divorce late

What PR person leaked

that crazy information?

Because, yeah, everyone knows so many marriages are broken up because the wife is hot, likes threesomes and is "cool" with outside arrangements.

What horror that must have been for Kutcher! How he survived, I have no idea.

"Demi is attracted to women just as much as men, so she didn't always get all she needed from Ashton. She was cool with Ashton having **flirtatious** relationships. too."

SOURCE

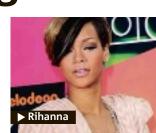


Rihanna not in love with the single life

Rihanna says she's currently single — and not loving

"I'm not dating anyone right now. I'm not dating at all," she tells Ellen De-Generes. "I'm not necessarily happy being single. It's not really that cool."

But if she were to start dating someone, she'd need him to take charge, she admits. "You know, I can't really be the man for you. I don't want to have to be," Rihanna says.



"I'm the man at work all the time. I do put a lot into my job. Most of my time, if not all of it. It definitely affects my personal life."



Kids fix the world

• A class of first graders put their heads together to come up with cute fixes for a few global crises

On ending war

We're in two wars!

— Marlena

I know why they keep on fighting — because other people want more money.

— Isaac

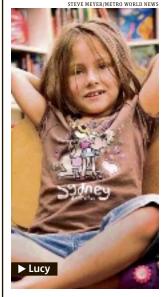
We need to say we don't want this war to happen anymore. We want it to stop.

— Marlena

They would just ignore us and keep shooting the guns. I really like war. I want to be in the army.

— Miles







On unemployment

If someone didn't have a job, I would tell them that they could come and work for me. They could bake me something.

— Akasha

I'd give away my mom's or dad's iob. — Lucy

People who don't have jobs can help the people who do have jobs. — Nakamae

I would give them money, so that they could buy a job.

— Marleno

My daddy doesn't really have a job but he takes care of me and my sister.

— Nakamae

life

Disaster relief



If I was in a tsunami, I would get my boat.

— Rowan

And you could give them money and make sure they got enough food...and sleep.

— Marlena

And had the right medicines

— Ella

I would jump into the water to save people.

— Rowan

Oh, that would be a bad idea! — Ma-Sadio

On Occupy Wall Street

People are marching in the park because they clean stuff a lot and they're not making enough money to get paid.

— Ma-Sadio

My daddy says it's the bankers' fault. — Ella



I want people to stop playing in the streets, and I want cops to stop arresting people.

— Marlena

I just want protesters to stop breaking stuff. — Isaac

If I was poor and people gave money to me, and they were poor again, I would give them the same amount of money back so we could all ► Ma-Sadio

be middle class. — Marlena

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50 green and great ideas

Clean-tech charts the future for entrepreneurial-driven change Summit's results already being put to use

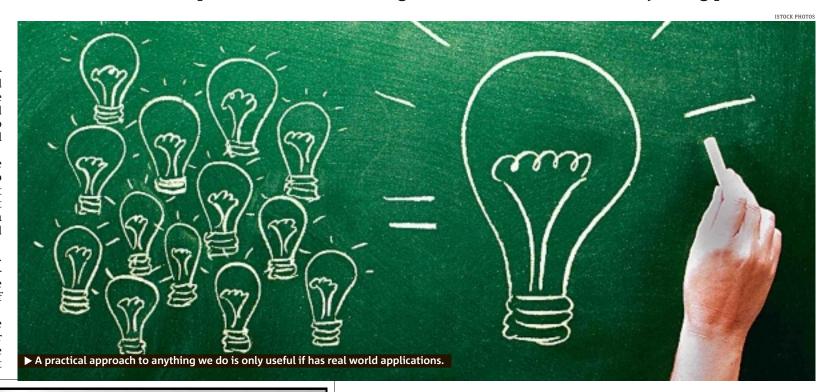


Imagine a gala awards ceremony, where the best and brightest minds in the Canadian clean-tech field are brought together to celebrate progress and achievement.

But, there's a twist. The winners are swept away to an exclusive island yacht club – and told they can't leave until they create a list of 50 innovative and practical green ideas.

This is not fiction, folks. It happened – very recently. And the result? The Clean50 Summit's list of 50 great ideas.

"We determined there are all kinds of awards for companies that have done lots of good things, but



VOLUNTEERS NEEDED FOR DEPRESSION RESEARCH

Psychiatrists at the Ottawa Psychopharmacology Clinic are currently conducting a research study of an investigational medication for depression. The purpose of the study is to further our knowledge about the possible treatment of depression. Study duration is 10 weeks in total. Included are a physical exam, blood tests and a psychiatric interview. All information provided will be treated in strictest confidence. To volunteer, you must be 18-75 of age, not currently in psychiatric treatment (unless you are being referred by your treating doctor), have no drug or alcohol problems and be in generally good physical health.

	YES	NO
I am feeling sad and depressed		
I am having difficulty sleeping		
I am feeling low in energy and slowed down		
My appetite has changed		
I am experiencing feelings of guilt		
I have lost interest in work and pleasurable activities		
I feel hopeless about the future		
I feel tense and anxious		
I am having difficulty making decisions		
I am having trouble concentrating		



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If you have answered YES to five or more of these statements and have felt poorly for the past month, you may be suffering from depression. To be evaluated for this program please call, any time (24 hours), leave your name and phone number on our confidential voice mail:

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All information is kept in strictest confidence.

Research programs are reviewed by an ethics review board.

there were no awards for individuals," says Gavin Pitchford, founder/principal of Delta Management Group Corporation, which organized the event.

The 50 honourees came from a wide range of backgrounds. Clean-tech, retail, banks, universities — even big oil companies. And once they all met and started debating the future, there was a surprisingly high level of consensus.

"This is the first time it's ever happened, anywhere in the world," Pitchford says. "What was phenomenal was that a lot of them had never talked to people from the other sectors before. They'd sort of been greening their own little part of the world, but hadn't crossed over."

"We have such a powerful cleantech industry in Canada." GAVIN PITCHFORD

One of the ideas include a call for governments to stop taxing initiatives that are good for the environment.

"It's possible to expense your employee's car and parking — but not their bike without them having to take a tax hit for it," he explains. "The government will let you spend money on things that have undesirable outcomes — like driving to work. But they won't fix some of the other stuff."

It turns out Canada is already a global leader in clean technology, and not everyone knows it. "We have such a powerful clean-tech industry in Canada. It's entrepreneurial-driven. We're absolute leaders in this field in the world and I don't think that a lot of people on the corporate side really appreciate it. These businesses and these opportunities exist in this country."

The Clean50 summit boosted awareness. Many of the ideas are already being pitched to governments.

"Yes, we've heard a lot of these ideas before. But we haven't done them yet," Pitchford concludes. "It would be a real shame to lose this. So we decided to keep going with it – and that's what's happening."

View the full list of

view the full list of ideas at http://clean50.ca/50greatid eas.html.



STAYING GREEN WHILE KEEPING THINGS CLEAN

What remedies do you suggest for cleaning the toilet? Nancy of Winnipeg

QUEEN OF GREEN

LINDSAY COULTER
GREEN@METRONEWS CA



You must try my green cleaning recipe, called all-purpose

powder. It's very easy to make — it only takes two ingredients.

In a container, combine a 50:50 mixture of borax and washing soda. Stir and then sprinkle into toilet, scrub and rinse.

This recipe works well with a white vinegar chaser, too.

Don't add vinegar to the powder.

Instead, after scrubbing, pour about half a cup of white vinegar in the toilet.

Let it sit to disinfect and deodorize before flushing.

Add borax and washing soda to your next grocery list — they're key ingredients in most of my favourite green cleaning recipes, available at queenofgreen.ca.

Borax, or sodium borate, is a naturally occurring alkaline mineral salt.

It's effective because it disinfects, fights mould and mildew and whitens.

You can find a box, for about \$7, in the laundry

aisle of most grocery stores.

Most people will recognize the borax box from their grandmother's pantry.

Washing soda, or sodium carbonate, is more caustic and has a higher pH than its cousin, baking soda

Fewer mainstream grocery chains carry washing soda, although Arm and Hammer distributes it. If you can't find it at your local grocer in the laundry aisle, check out health food stores or organic grocers.

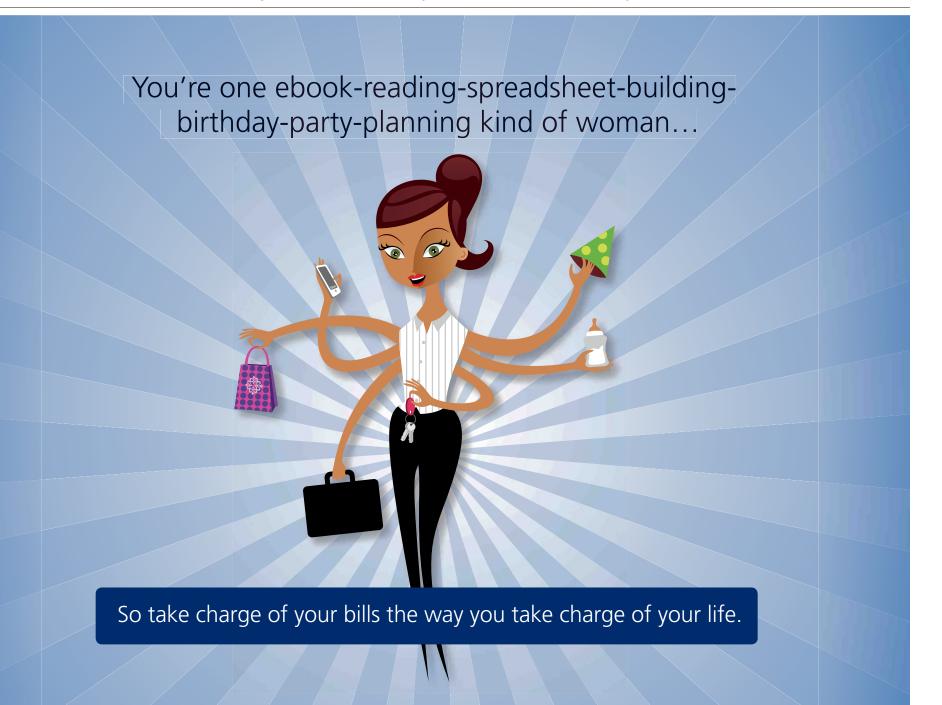
Borax and washing soda are found in a host of green cleaning recipes because they are versatile, affordable and eco-friendly.

But even things from nature can be harmful, so store borax and all green cleaning products safely away from children and pets.

Finished products you make should also be clearly labelled.

And don't underestimate baking soda, which on its own lifts dirt, deodorizes and whitens. You can even substitute washing soda for baking soda in this recipe.







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Fill up on chunky chowder

◆ This Italian-style soup may contain hearty ingredients but it is actually low in fat ◆ Complement it with green salad and a crusty whole wheat roll



To spice things up a bit, increase the hot pepper flakes in this Mushroom, Tomato and Corn Chowder

Variation

Garnish

Top the soup with low fat grated mozzarella or Parmesan cheese.

to 1/2 tsp (2 mL).

Preparation:

In large saucepan heat oil over medium heat; Add mushrooms, leeks, potato, garlic, oregano, basil and hot pepper flakes; sauté for about 5 minutes. Add water and corn; bring to boil and

cover.

Reduce heat and simmer for about 5 minutes or until vegetables are tender. Stir in tomatoes, salt and pepper. Bring to a boil; reduce heat to a simmer for about 10 minutes or until hot. Stir in parsley if desired.

Ingredients:

- 2 tbsp (25 mL) olive oil
- 1 lb (500g) sliced fresh mushrooms
- 2 cups (500 mL) chopped leeks (white part only) (about 1 large)
- 1 large potato, peeled and diced
- 2 cloves garlic, minced
- 1 tsp (5 mL) each dried oregano and basil
- 1/4 tsp (1 mL) hot pepper flakes
- 2 cups (500 mL) water
- 2 cups (500 mL) frozen or canned corn kernels
- 1 can (28oz/796mL) diced tomatoes
- 1/2 tsp (2 mL) salt
- 1/4 tsp (1 mL) pepper
- 1/3 cup (75 mL) chopped parsley (optional)

MUSHROOMS.CA/ THIS RECIPE
WAS ADAPTED FOR METRO
BY EMILY RICHARDS,
A PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR
AND A TV CELEBRITY CHEF.
FOR MORE, VISIT
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Popular casual dining spots, such as Kelsey's and Boston Pizza, offer extensive menus. But if you're not careful, your lunch order could cost you in

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Satisfy the entire family

Use Rice Krispies in this Parmesan Chicken to add a familiar crunch

Preparation:

In shallow pan or plate, combine crushed cereal, Parmesan cheese, basil and oregano. Stir in melted butter. In bowl, beat egg and milk slightly. Stir in flour and salt; mix until smooth. Dip chicken in batter, then coat with cereal mixture. Place in

single layer on foil or parchment lined baking sheet.

Bake in 180°C (350°F) oven for about 35 min-

utes or until no longer pink in centre. (Do not cover or turn chicken while cooking).

NEWS CANADA/ MEGWOOD/ ADAPTED BY EMILY RICHARDS

Ingredients:

- 750 mL (3 cups) Rice Krispies, crushed to make 375 mL (1 1/2 cups)
- 125 mL (1/2 cup) freshly
- grated Parmesan cheese
 2 mL (1/2 tsp) dried basil
- 1 mL (1/4 tsp) dried

(A PROFESSIONAL HOME ECON-OMIST, COOKBOOK AUTHOR AND A TV CELEBRITY CHEF. oregano leaves

• 30 mL (2 tbsp) melted butter

- 1 egg or 2 egg whites75 mL (1/3 cup) 2% milk
- 75 mL (1/3 cup) 2% mill
 75 mL (1/3 cup) flour
- 2 mL (1/2 tsp) salt
- 6 boneless skinless chicken breasts

FOR MORE, PLEASE VISIT HER WEBSITE, EMILYRICHARDSCOOKS.CA).



The teacher says.

Dr. Jane Foley is a leading U.S. educator who motivates other teachers to do better • Here are her thoughts on the 'smart' debate



How do you define smart?

I'd define it in a number of ways. First of all, it's understanding history and how history shapes the present and future. Next, it's the present: knowing the world around you, physically, but also beyond your surroundings and accepting and appreciating that we live in this global world. It's also important to understand math, science and language, but also how you apply that in your daily and professional life. And then how to access information and discern the value of that information since we're

bombarded by info over-

Is the definition of 'smart' changing?

Yes. Exponentially, and at a rate faster than we've seen in our lifetime. We see our students preparing now for a life where we don't even know what their career will be, so access to this information - it's changing the way all of us have to think, learn and work.

We value 'book smarts' but now there seems to be an additional set of skills required to make it in this world.

It's a hybrid. We want to learn the classics — the past — and our current culture — the present – but we have to evolve



with the changes. Books can be hard copies or digital, e-mail, social media, by phone like we're talking now, or a face-to-face meeting. I go to a lot of universities in my job

and people still go to libraries! There's still a lust for knowledge.

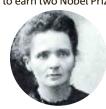
But some kids don't read Moby-Dick yet they're on Google+. Doesn't that give them the advantage in 2011?

First of all, some do read Moby-Dick! Do they have an advantage? I don't think you can compare. Think of every generation and what they faced. My parents faced WWII, a lot of us lived through the ending of the Cold War, now young people are digital natives. The common denominator is talented people rise to the occasion and lead. The difference today is that it's essential for them to have a national and international focus

GENIUSES AT SCHOOL

MARIE CURIE (1867-1934)

If you've ever had an X-ray scan, thank her. Born to teachers, she tutored at a young age before going on to become the first person to earn two Nobel Prizes.



STEPHEN HAWKING

(1942 -)

As a young man, he attended a girls school. His favourite subject: math. Now he's the most famous physicist in the world.



ALBERT EINSTEIN (1879 - 1955)

He may or may not have had a learning disability, but he did rail against the rote teachings at his secondary school.



BOBBY FISCHER

(1943-2008)

This chess whiz went to school in Brooklyn, and learned how to play with a set from a candy store.



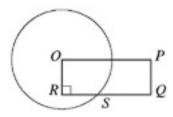
Would you pass the following test?

If you were taking a big exam tomorrow, how would you do? Try these sample questions from test prep service Kaplan to find out.

1. If x is an integer, which of the following is NEVER true?

- $\triangle x^2 < x^3$
- **B** $x^3 < x^2$
- $D x^2 < x$
- $E x^2 < x^4$

2. The figure below shows a rectangle with one of its vertices at the centre of circle O. If rectangle OPQR has a perimeter of 22, OP = 8, and RS = 3, what is the area of the



- Α 9π **B** 18π

E 30π

3. Identify the error: John Updike, like a

number of modern novelists, creat-

a serialized character, but unlike other writers, the saga of

Updike's Rabbit Angstrom actually won the Pulitzer Prize for literature.

- A like
- **B** of
 - c other writers

- **D** for literature E no error
- 4. Fill in the blanks: Because Roberta had not ____ her company through the usual legal pathways, the Internal **Revenue Service considered** her firm's tax-exempt status
- to be a ____ matter.
 A established . . disputable **B** determined . . confirmed c verified . . contradictory **D** undermined . . adverse **E** quantified . . specialize
- MWN
 ANSWER KEY: 1. D; 2. B; 3. C; 4. A

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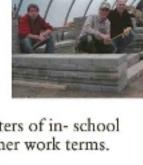
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Success in the bag

Deck yourself in delight Dane Ip reminds that a

smile is any entrepreneur's most important accessory

more than 25 years, Jane Ip nothing can hinder you to

has been bringing joy to the millions of women who Jane was inspired by her have bought her beautifully father's entrepreneurial designed handbags and acspirit and business acumen. Every night at dinner she cessories. She is proud of her success and honest and her sister Charlotte would be schooled in the when it comes to doing world of business ownerbusiness in a challenging

"You need discipline to "He always told us to be get through the tough patient. It's easy to open a times, but if you have your business but it's hard to health and mental ability,

Being an entrepreneur is not for everybody. You have to know what you want and really pursue it."

As I look at Jane standing in the midst of the company she has built and nurtured, I'm reminded of the Chinese meaning of Jeanne

As I take her photo in amongst the beauty of her creations I realize her smile says it all: true happiness.

L'AVENIR A BESO

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- As a Self-Employed Paralegal
- Law and Paralegal Firms
- Courts (Federal and Provincial)
- Legal Clinics
- Banks/Financial Institutions
- Insurance Companies
- Large Corporations

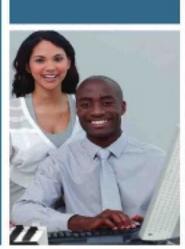


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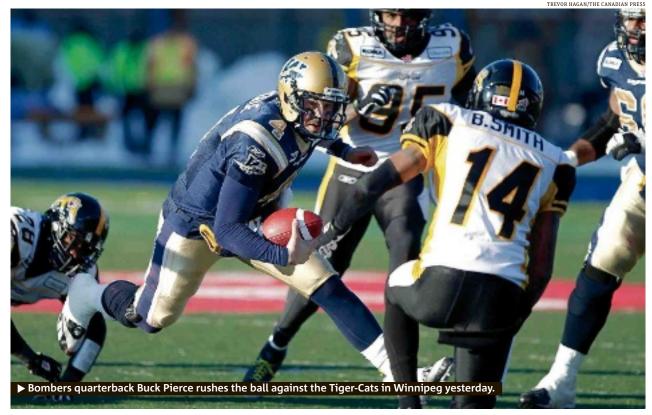
"They came out perfectly, I couldn't have designed them better myself."

TORONTO OUTFIELDER JOSE BAUTISTA ON THE BLUE JAYS' NEW UNIFORMS, UNVEILED ON FRIDAY. THE UPDATED LOOK IS A MODERN TAKE ON THE JAYS' CHAMPIONSHIP OUTFITS OF THE EARLY '90S.



Bombers' run game ignites in East final

Win puts Winnipeg in position to end 20-year Grey Cup drought



Chris Garrett says he's dreamed of winning the Grey Cup and being named most valuable player.

Now the Blue Bombers running back has a chance to accomplish that after rushing 29 times for 190 yards and one touchdown as Winnipeg defeated the Hamilton Tiger-Cats 19-3 in yesterday's CFL East Division Final.

Winnipeg advances to the 99th Grey Cup in Vancouver on Nov. 27 against the B.C. Lions.

"It's getting closer and closer to being true," Garrett said of the dream



BOMBERS TICATS

where he scores a pair of touchdowns. "But there's some work to be done to get to that stage. I'm just

there."
Defensive lineman Jason
Vega scored Winnipeg's

ready to work so I can get

other touchdown as a receiver and Justin Palardy booted field goals from 22 and 37 yards.

It was the rookie Vega's second reception this season and his first career TD will go down as a three-yard pass from backup quarterback Alex Brink.

Bomber quarterback Buck Pierce had missed his team's last regular-season game with a sprained knee suffered Oct. 28 in Toronto.

He was limping a bit during the game, but that wasn't too surprising considering he ran nine times for 66 yards and com-

pleted 16-of-28 passes for 175 yards with one interception.

Winnipeg's domination started after Vega scored his TD at 4:25 of the second and Palardy followed it up with his 22-yarder. The Bombers led 10-3 at the halftime.

Palardy connected on his 37-yarder midway through the third and Garrett dove in for a three-yard TD as time expired. Winnipeg didn't attempt a convert.

The Blue Bombers finished with 271 yards rushing to the Tiger-Cats' 39 yards. THE CANADIAN PRESS



Crosby to return vs. Isles tonight

Sid the Kid is back.

Penguins superstar Sidney Crosby will make his season debut tonight against the New York Islanders in Pittsburgh, his first game in nearly a year since being sidelined with concussion symptoms.

Crosby hasn't played since taking head shots in consecutive games in January against Washington and Tampa Bay.

The 2007 NHL MVP spent the last 10 months undergoing a painstakingly thorough rehabilitation that left him wondering when — or even if — he'd play again.

His return ends weeks of speculation that appeared to put the ever-polite Crosby on edge. The 24-year-old Cole Habour, N.S., native declined repeated interview requests in recent weeks as the speculation about a possible return date reached a fever pitch.

His teammates stressed there was no need for Crosby to rush, and the Penguins have been one of the league's top teams through the season's first six weeks.

Yet they understand they're not the same without Crosby.

"We know what he means to this team, this city," defenceman Kris Letang said. "He's a special player." THE CANADIAN PRESS

"We know how badly he wants to play. We want it too, because it means that he's healthy, and that's all you ever really want for him."

PENGUINS FORWARD MATT COOKE ON SIDNEY CROSBY

Lions staying home for Grey Cup



The B.C. Lions will get a chance to win the Grey Cup on home turf.

An interception by defensive back Korey Banks helped the Lions score two touchdowns in 2:26 of the second quarter as B.C. rolled over the Edmonton Eskimos 40-23 in the CFL West Final yesterday.

Quarterback Travis Lulay



threw for 313 yards, a pair of touchdown passes and 61-yard scoring run.

"This is the pinnacle of what we do — having an opportunity to play in the Grey Cup game.

Lulay hit Geroy Simon

"This is huge," said Lulay.

on a 53-yard TD and tossed a 14-yard strike to Andrew Harris as the Lions broke open a close game with 20 points in the second quarter. THE CANADIAN PRESS

NATIONAL HOCKEY LEAGUE

2 1 47 71 40 67 42

EASTERN CONFERENCE												
	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Philadelphia	19	11	5	2	1	73	58	25	5-3-1-1	6-2-1-0	6-2-1-1	L1
d-Buffalo	20	12	8	0	0	58	51	24	5-6-0-0	7-2-0-0	6-4-0-0	L1
d-Florida	19	10	6	0	3	56	48	23	3-2-0-3	7-4-0-0	5-2-0-3	W1
Pittsburgh	20	11	6	1	2	60	50	25	6-1-1-0	5-5-0-2	5-4-0-1	L2
Toronto	21	11	8	1	1	63	69	24	6-3-1-1	5-5-0-0	4-5-0-1	L1
NY Rangers	17	10	4	1	2	47	37	23	5-1-0-1	5-3-1-1	7-2-0-1	L1
Boston	18	11	7	0	0	64	39	22	8-5-0-0	3-2-0-0	8-2-0-0	W8
Washington	18	10	7	0	1	58	56	21	6-1-0-1	4-6-0-0	3-6-0-1	L4
New Jersey	18	10	7	0	1	49	50	21	4-3-0-1	6-4-0-0	6-4-0-0	W2
Ottawa	20	10	9	0	1	61	68	21	5-4-0-1	5-5-0-0	5-4-0-1	W3
Montreal	20	9	8	1	2	53	49	21	4-4-1-2	5-4-0-0	6-2-1-1	W1
Tampa Bay	19	9	8	0	2	54	60	20	6-2-0-0	3-6-0-2	5-5-0-0	L1
Winnipeg	20	8	9	2	1	58	65	19	5-3-0-0	3-6-2-1	5-3-2-0	W3
Carolina	21	7	11	2	1	49	70	17	5-5-0-1	2-6-2-0	3-7-0-0	W1
NY Islanders	17	5	9	2	1	35	56	13	5-5-1-0	0-4-1-1	2-5-2-1	L1
WESTERN CONFERENCE												
	GP	W	- 1	OTI	SI	GF	GΔ	Dtc	Home	Δωαν	Last 10	Strk

6-3-0-0 6-2-0-1 7-1-0-1 11 10 10 54 45 43 22 22 22 21 19 48 5-3-0-2 St. Louis 3-6-0-1 10 9 9 41 56 61 W1 L1 W1 Detroit 0 49 7-2-1-0 3-5-0-0 5-4-1-0 4-3-0-1 3-6-0-0 9 10 1 56 55 Colorado 6-4-1-0 3-6-1-0 Calgary 18 9 1 0 41 47 17 4-5-1-0 4-4-0-0 5-5-0-0 W1 6 9 1 4 13 0 39 43 58 69 16 10 3-6-0-1 1-7-0-1 Columbus

53

53 51 48 45 24 23 23

2 49

0 49 48

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results

d-Minnosota

d-Chicago

d-San Jose

Los Angeles

Dallas

Carolina 3 **Toronto** 2 San Jose at Colorado Detroit at Anaheim Ottawa at Vancouver **Saturday's results** Saturday's results
Edmonton 9 Chicago 2
Montreal 4 M.V. Rangers 0
Toronto 7 Washington 1
Winnipeg 6 Philadelphia 4
Boston 6 N.V. Islanders 0
Columbus 4 Nashville 3 (OT)
Detroit 4 Los Angeles 1
Florida 3 Pittsburgh 2
Minnesota 3 St. Louis 2 (SO)
New Jersey 4 Tampa Bay 2
Phoenix 4 Buffalo 2
San Jose 4 Dallas 1
Tonight's games

San Jose 4 Jailats Tonight's games
Carolina at Philadelphia, 7 p.m.
N.Y. Islanders at Pittsburgh, 7 p.m.
N.Y. Islanders at Pittsburgh, 7 p.m.
Calgary at Columbus, 7 p.m.
Boston at Montreal, 7:30 p.m.
New Jersey at Florida, 7:30 p.m.
Edmonton at Dallas, 8:30 p.m.
Tomorrowic games

Tomoro at Dallas, 8:30 p.m.

Tomoro at Dallas, 8:30 p.m.

Tomorow's games

Toronto at Tampa Bay, 7:30 p.m.

Los Angeles at St. Louis, 8 p.m.

Edmonton at Nashville, 8 p.m.

Edmonton at Nashville, 8 p.m.

Wednesday's games

Boston at Buffalo, 7 p.m.

Columbus at New Jersey, 7 p.m.

Philadelphia at N.Y. Islanders, 7 p.m.

St. Louis at Pittsburgh, 7 p.m.

Winnipeg at Washington, 7 p.m.

Montreal at Carolina, 7 p.m.

Calgary at Detroit, 7 p.m.

N.Y. Rangers at Florida, 7:30 p.m.

Nashville at Minnesota, 8 p.m.

Los Angeles at Dallas, 8:30 p.m.

Vancouver at Colorado, 9 p.m.

Anaheim at Phoenix, 9 p.m.

Chicago at San Jose, 10:30 p.m.

HURRICANES 3, MAPLE LEAFS 2

5-3-1-1 5-5-1-0

6-2-0-0

6-3-1-0 5-2-0-1

4-2-1-1

5-5-0-0

9-1-0-0 5-4-1-0

7-2-1-0

6-1-3-0

4-5-0-1

4-6-0-0

W4 L2

W2

11

L1

First Period

27 27 23 7-2-1-0 7-1-0-2

5-3-1-0

4-2-2-1 5-3-1-1

6-5-0-1

1. Carolina, Harrison 2 (Skinner, E.Staal) 19:31 **Penalty** — Phaneuf Tor (hooking) 8:46.

Second Period

2. Carolina, Jokinen 4 (Faulk, Ponikarovsky) 7:05 (pp)

Penalties — Frattin Tor (hooking) 5:06, Kessel Tor (hooking), Bra.Sutter Car (roughing) 7:54, Gunnarsson Tor (slashing) 13:24, Ruutu Car (slashing) 14:10, Bozak Tor (high-sticking) 19:21.

Third Period

3. Toronto, Kessel 15 (Phaneuf, Connolly) 4:31

4. Carolina, Skinner 8 (E.Staal, Allen) 13:08 5. Toronto, Kessel 16 (Liles, Connolly) 19:00 Penalties — Colborne Tor (slashing), LaRose Car (cross-checking) 3:08, Ponikarovsky Car

(elbowing) 4:06, Kessel Tor (slashing) 16:24. Shots on goal by

Toronto	5	7	13	2
Carolina	10	19	12	4:
Cont. Towns to Continue	. /1 2	4 11	C	

Ward (W,7-8-2).

Power plays (goals-chances) — Toronto: 1-2;

Referees — Dan O'Halloran, Gord Dwyer.

Linesmen - Ryan Galloway, Anthony Sericolo. Att. - 13,187 (18,680) at Raleigh, N.C.

SCORING LEADERS

	G	Α	P.
Kessel, Tor	14	13	2
Giroux, Pha	11	15	2
Vanek, Buf	11	13	2
Lupul, Tor	10	14	2
Ma.Hossa, Chi	9	14	2
Kopitar, LA	9	14	2
Pominville, Buf	8	15	2
D.Sedin, Vcr	6	17	2
Versteeg, Fla	9	13	2
P.Kane, Chi	7	15	2
Seguin, Bos	11	10	2
H.Sedin, Vcr	6	15	2
Neal, Pgh	12	8	2
Backstrom, Wash	5	15	2
Plekanec, Mtl	5	15	2
Smyth, Edm	11	8	1
Stamkos, TB	11	8	1
Toews, Chi	10	9	1
T.Fleischmann, Fla	8	11	1
Nugent-Hopkins, Edm	7	12	19
P.Sharp, Chi	7	12	1
Landard Manager and the			

Last night's games not included

GOLF

PRESIDENTS CUP

PRESIDENTS CUP
At Melbourne, Australia
Yesterday's results
U.S. 19, INTERNATIONAL 15
SUNDAY
Singles
U.S. 6, International 6
K.T. Kim, International, def. Webb Simpson,
U.S., 1 up.
Charl Schwartzel, International, def. Dustin
Johnson, U.S., 2 and 1.
Ryo Ishikawa, International, def. Bubba Watson, U.S., 3 and 2.
Geoff Ogilvy, International, def. Bill Haas,
U.S., 2 up.

Geom Oglivy, International, _ J.S., 2 up. Hunter Mahan, U.S., def. Jason Day, Interna-

tional, 5 and 3. Nick Watney, U.S., def. K.J. Choi, Internation-

All And Services of the Market Services of th

4 and 3 David Toms, U.S., def. Robert Allenby, Inter-

national, 7 and 5.
Tiger Woods, U.S., def. Aaron Baddeley, International, 4 and 3.
Steve Stricker, U.S., def.. Y.E. Yang, International, 2 and 1.
SATURDAY

SATURDAY
Foursomes
U.S. 4, International 1
Bubba Watson and Webb Simpson, U.S., def.
Robert Allenby and Geoff Ogilvy, International, 3 and 2.
Ernie Els and Ryo Ishikawa, International, def. Bill Haas and Matt Kuchar, U.S., 1 up.
Hunter Mahan and David Toms, U.S., def.
Retief Goosen and Charl Schwartzel, International, 5 and 4.
Dustin Johnson and Tiger Woods, U.S., def.
Adam Scott and K.J. Choi, International, 3 and 2.

Adam Scott and K.J. Choi, International, 3 and 2.
Phil Mickelson and Jim Furyk, U.S., def. Aaron Baddeley and Jason Day, International, 2 and 1.
Fourballs
International 3, U.S. 2
Retief Goosen and Charl Schwartzel, International, def. Bubba Watson and Webb Simpson, U.S., 2 and 1.
K.T. Kim and V.E. Yang, International, def. Dustin Johnson and Tiger Woods, U.S., 1 up.
Geoff Ogilvy and K.J. Choi, International, def. Steve Stricker and Matt Kuchar, U.S., 1 up.
Bill Haas and Hunter Mahan, U.S., def. Aaron Baddeley and Jason Day, International, 2 and 1.

Jim Furyk and Nick Watney, U.S., def. Adam Scott and Ernie Els, International, 1 up.

NFL

WEEK 11

AMERICAN CONFERENCE

EAST						
New England N.Y. Jets Buffalo Miami	W 6 5 3	L 3 5 7	T 0 0 0	Pct .667 .500 .500 .300	PF 259 228 237 193	PA 200 217 253 186
SOUTH						
Houston Tennessee Jacksonville Indianapolis	W 7 5 3 0	L 3 5 7	T 0 0 0 0	Pct .700 .500 .300 .000	PF 273 203 125 131	166 195 180 300
NORTH						
Baltimore Pittsburgh Cincinnati Cleveland	W 7 7 6 4	L 3 4 6	T 0 0 0	Pct .700 .700 .600 .400	PF 256 220 236 145	176 179 195 193
WEST						
	w	- 1	т	Pct	DF	DΔ

NATIONAL	L CO	NFI	ERI	ENCE		
EAST						
N.Y. Giants Dallas Philadelphia Washington	W 6 6 3 3	L 3 4 6 7	T 0 0 0 0 0	Pct .667 .600 .333 .300	PF 218 250 220 160	PA 211 206 203 205
SOUTH						
New Orleans Atlanta Tampa Bay Carolina	W 7 6 4 2	L 3 4 6 8	T 0 0 0	.700 .600 .400 .200	PF 313 235 182 225	PA 228 213 268 286
NORTH						
Green Bay Detroit Chicago Minnesota	W 10 7 7 2	L 0 3 3	T 0 0 0 0 0	Pct 1.000 .700 .700 .200	PF 355 301 268 200	PA 212 219 207 271
WEST						

W L T 9 1 0 4 6 0 3 7 0 2 8 0

Arizona St. Louis Open: Houston, Indianapolis, New Orleans,

Pittsburgh Yesterday's results

Green Bay 35, Tampa Bay 26 Oakland 27, Minnesota 21 Detroit 49, Carolina 35

Dallas 27, Washington 24, OT Cleveland 14, Jacksonville 10 Baltimore 31, Cincinnati 24

Miami 35, Buffalo 8 San Francisco 23, Arizona 7

Seattle 24, St. Louis 7 Chicago 31, San Diego 20

Atlanta 23. Tennessee 17 Philadelphia at N.Y. Giants

Thursday's results Denver 17, N.Y. Jets 13

Tonight's game Kansas City at New England, 8:30 p.m.

HOCKEY

AHL

Last night's result Abbotsford 1 Houston 0 (SO) Toronto 4 Peoria 3 Bridgeport 5 Adirondack 3 Charlotte 4 Rockford 3 Connecticut 3 Providence 2 (SO) Milwaukee 3 San Antonio 1 Worcester 3 Wilkes-Barre/Scranton 1

CURLING

CANADIAN MIXED CURLING CHAMPIONSHIP

At Sudbury, Ont.		
Province (Skip)	W	L
y-Alberta (Balderston)	11	2
x-Saskatchewan (Ackerman)	9	4
x-New Brunswick (Robichaud)	9	4
B.C. (Marshall)	8	5
P.E.I. (Gallant)	8	4 5 5 5 5
Ontario (M.Homan)	8	5
Manitoba (Grassie)	8	5
Quebec (Ferland)	8	5
Northern Ont. (Assad)	7	6
N.W.T. (Moss)	6	7
N.L. (Alcock)	4	9
Nova Scotia (Sutherland)	4	9
Nunavut (Sattelberger)	1	12
Yukon (Hamilton)	0	13
v — clinched championship borth		

clinched championship be
 clinched semifinal berth.

PLAYOFFS

Championship
Saturday's results
Saskatchewan (Ackerman) 8 Alberta (Balderston) 7 (extra end)

Friday's results Results

Manitoba 10 Nunavut 5 Newfoundland and Labrador 8 Nova Scotia 6 P.F.I. 10 Yukon 2

End of Round Robin Semifinal Saskatchewan (Ackerman) 8 New Brunswick

TRANSACTIONS

BOSTON — Reassigned D Marc Cantin from Reading (ECHL) to Providence (AHL).

N.Y. ISLANDERS—Recalled F David Ullstrom from Bridgeport (AHL). Placed G Al Montoya on injured reserve, retroactive to Nov. 15. ST. LOUIS — Recalled F Brett Starling from

WASHINGTON — Recalled D Dmitry Orlov from Hershey (AHL).

FOOTBALL

CIS PLAYOFFS

Friday's results All times Eastern

UTECK BOWL

At Moncton, N.B. McMaster 45 Acadia 21

MITCHELL BOWL

Laval 41 Calgary 10 Friday, Nov. 25

VANIER CUP

At Vancouver Uteck vs. Mitchell Bowl winners, 9 p.m.

CFL PLAYOFFS

DIVISION FINALS

Sunday's games All times Eastern EAST

Winnipeg 19 Hamilton 3 WEST Edmonton 40 B.C. 23

99TH GREY CUP

Sunday, Nov. 27 At Vancouver East vs. West champion, 6:30 p.m.

LIONS 40, ESKIMOS 23

First Quarter
B.C. — FG McCallum 31 4:29
B.C. — FG McCallum 42 13:18
Second Quarter
Edm — FG Schiavone 40 0:18 B.C. - TD Simon 53 pass from Lulay (McCal-

lum convert) 9:32

lum convert) 9:52
B.C. — TD Harris 14 pass from Lulay (McCallum convert) 11:59
B.C. — FG McCallum 44 14:11
B.C. — FG McCallum 17 15:00

Third Quarter Edm — EG Schiavone 32 3:37

B.C. — TD Harris 13 run (McCallum convert)

– FG Schiavone 21 12:15

Fourth Quarter Edm — TD Barnes 31 pass from Ray (Schiavone convert) 5:35

B.C. — TD Lulay 61 run (McCallum convert)

Edm — TD Stampas 19 pass from Ray (Schiavone convert) 11:05 Edmonton

0 3 6 14 -23 6 20 7 7 -40 Att. — 41.313 at Vancouver

BLUE BOMBERS 19, TIGER-CATS 3

First Quarter Ham — FG Medlock 18 7:59

Second Quarter
Wpg — TD Vega 3 pass from Brink (Palardy convert) 4:25

Wpg — FG Palardy 22 12:09 Third Quarter Wpg — FG Palardy 37 7:02

Wpg – FG Palardy 37 7:02

Fourth Quarter

Wpg – TD Garrett 3 run (convert not attempted) 15:00 Hamilton

Winnipeg 0 : Att. — 30,051 at Winnipeg. 0 10 3

SOCCER

MLS PLAYOFFS

MLS CUP

Last night's result All times Eastern Houston vs. Los Angeles

ENGLAND

PREMIER LEAGUE

Yesterday's result Chelsea 1 Liverpool 2

LEAGUE CHAMPIONSHIP

Yesterday's resultsMillwall 1 Bristol City 2 Leicester 3 Crystal Palace 0



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metr

Jays' Bautista hopes MVP news is good

• With everything he's done, he's by far for me the MVP, GM Anthopoulos says of Toronto slugger

Blue Jays slugger Jose Bautista was under a lot of pressure after signing a long-term contract extension and becoming the face of the franchise after his breakout 2010 campaign.

He responded with one of the best individual seasons in team history. Today, he just might be rewarded for his efforts.

Bautista is a contender for the American League MVP award after hitting .302 with 43 home runs,

103 RBIs and a .447 on-base percentage.

"He's as good as it gets," Jays general manager Alex Anthopoulos said in a recent interview. "I'm certainly hopeful for him and he certainly deserves it."

There is no clear favourite for the AL honour this year.

Jacoby Ellsbury and Adrian Gonzalez of the Boston Red Sox are in the mix along with New York's Granderson.

"He's the one guy that some people are overlooking. He was on the field for 160 games for the Detroit Tigers and they made the playoffs. I think I would vote for him."

IOSE BAUTISTA ON DETROIT'S MIGUEL CABRERA. THE PLAYER HE WOULD VOTE FOR MVP AFTER HIMSELF.

Award winner Justin Verlander of the Detroit Tigers could also be a factor.

The results of the Baseball Writers' Association of America vote will be announced at 2 p.m. ET to-

day.
"I realize that I had a good year on the individual side," Bautista said. "But I do realize that there are other guys around the

league who had great years

"All I can do right now is be hopeful."

Anthopoulos Bautista is a well-rounded player who can do it all.

I think with what Jose means to the team and the organization playing Gold Glove defence both in right field and at third and the offensive numbers speak for themselves," Anthopoulos said.

Bautista recently won

his second straight Hank Aaron Award as the most outstanding offensive performer in the AL after a vote by fans and a panel of Hall of Famers.

The 31-year-old slugger led the major leagues in home runs, walks (132), slugging percentage (.608) and on-base plus slugging (1.056) to become the first player since Barry Bonds in 2001 to lead in four offensive categories.

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Crossword

Across

- 1 Heights (Abbr.) 5 Madam's counter-
- part
- 8 Droops
- 12 Trust
- 14 Hint
- 15 Bribe
- 16 Unusual
- 17 Small barrel
- 18 The hot wings caused his downfall
- 20 Maximum
- 23 Winter precip
- 24 First man
- 25 Table tennis tools 28 Ottoman ruler
- 29 Indeed
- 30 Existed
- 32 VIP 34 Lima's land
- 35 Humor writer
- Bombeck 36 High nest
- 37 Deli meat
- 40 Have debts
- 41 Advertisement
- 42 Close associate
- 47 Top-notch 48 DNA, on "CSI"
- 49 Burn somewhat
- 50 Upper House
- member (Abbr.)
- 51 TV host Carson
- Down 1 Noah's boat
- 2 Island memento
- 3 Pampering, for
- short
- agency
- 4 Himalayan region 5 Unforeseen problem
- 6 Former transp.

- 16 15 18 21 22 23 24 25 26 28 30 32 33 34 35 38 40 41 42 45 47 48 50 49
 - 7 Arouse anew 8 Write sloppily
 - 9 Winged
 - 10 Mentor 11 Gets a glimpse of
 - 13 Aid and —
 - 19 Buffalo Bill's last name
 - 20 Science workroom 21 Mid-month date
 - 22 "Hold the —
 - 23 Finnish bath 25 Vows
 - 26 Basin accessory
 - 27 Hindu wrap 29 Expression
- and-seek 36 Dumbstruck 37 Health resorts 38 Lotion additive
 - 39 Moon goddess 40 Valhalla bigwig

31 Take to court

34 Cheated at hide-

33 Scanty

- 43 "- Got a Secret" 44 — moment
- 45 M divided by IV 46 Indispensable

り Capricorn Dec. 22-Jan. 20 You cannot be bothered with trivi-

where are pretty much the same, so reach out and make contact

H Pisces Feb. 19-March 20. You will be under a lot of pressure today, but there is no doubt at all that you can handle it, so don't panic SALLY BROMPTON

Sudoku

	5	6					3	
1					7		4	
3			2		6	5		
	1			7		8		9
8		7		4			6	
		2	1		9			8
	3		8					6
	4					2	1	

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Thursday's answer	

5	2	1	7	8	4	6	3	9
4	9	8	3	5	6	7	2	1
7	6	3	2	1	4 6 9	4	5	8
6	3	2	5	4	8 1 2	9	1	7
9	7	5	6	3	1	2	8	4
1	8	4	9	7	2	3	6	5
2	4	7	1	6	5	8	9	3
8	5	6	4	9	3	1	7	2
3	1	9	8	2	5 3 7	5	4	6

Send a



You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Friends

Hey friends!!! Look at us go, the fall term of university of our 1st year is almost over! If I'm lucky you'll be reading this with a huge smile on your face when you're on your way to school. Different faculties and schedules. I miss seeing you guys! Good luck on your finals and can't wait to catch up with you once all this craziness is over! Smiles, TChow FROM TCHOW

RT14344 Happy Anniversary, my love!

FROM THE OBVIOUS

To 1 Guy Xtra Xcited zest does Ooo zone done u no wat 2 do. thinking of you. n only you. smile!

FROM 1 GAL

Today





Know what the weather will be 14 days from now. Check the 14 day trend

©The Weather Network 2011

Today's horoscope

T Aries March 21-April 20 It's time for a change. Make it a big

¥ Taurus April 21-May 21 You may have to be ruthless with someone you have dealings with today, especially if they have been wasting your time on trivialities.

II Gemini May 22-June 21 You can make yourself happy or you can make yourself sad – it takes the same effort.

Gancer June 22-July 22 What the planets are trying to tell you is that you have been pushing yourself too hard. Ease up.

Ω Leo July 23-Aug.23 Set your

own targets and make your own rules. All things are possible now.

m Virgo Aug. 24- Sept. 22 Sit down with loved ones and discuss what has gone wrong – and what needs to be done to bring back the

ter how many misunderstandings there may have been in recent weeks the approaching solar eclipse will make aetting through to other people very easy indeed. M Scorpio oct. 24-Nov. 22 Less is more, for now

₹ Sagittarius Nov. 23-Dec. 21 A little bit of optimism will go a



alities. It's the big questions that ex-Aquarius Jan. 21-Feb. 18

Beneath the surface people every-





Write a funny caption for the image above and send it to play@metronews.ca the winning caption will be published in tomorrow's Metro.

write it!





step out of your cocon

Looking to meet new faces in Ottawa?

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www.sociableevents.com



UPCOMING EVENTS

SAT DEC. 3 • Hike Event

Join us for a beautiful hike through Gatineau Park, meet new people d enjoy one last hike before the sno sets in. 2pm start - \$10 pp

MON DEC. 19 • Couples Cooking and Wine Pairing 101

oking for a crash course in cooking or imple way to pair wine, then we got what you need! \$99 per couple

Sign up or book your spot online!





Std

IF MEGA DOESN'T HAVE IT, YOU DON'T NEED IT!







st: 32103 km: 82605



st: 32834 km: 80397 \$164** Bi-weekly



st: 32353 km: 66500 \$163" Bi-weekly

08 Wave



09 Kia Spectra LX

• Loaded, A/C, Auto st: 31179 \$9,980 \$81*** Bi-weekly

09 Nissan Versa

• Loaded, A/C, Auto st: 32887-A km: 79501 \$10,950

06 LandRover LR3 s

• 4x4, Loaded, Roof, Lthr, Auto • st: 32692 km: 57516 \$22.85 \$233° Bi-weekly



• 4WD, Loaded, Roof, Lthr, Auto st: 32759 km: 28556

09 Toyota Venza

AWD, Loaded, A/C, Auto,Root st: 31787 km: 22487

11 Mazda3

 Loaded, A/C, Auto st: 32871 km: 28520 \$15,950

07 Toyota Yaris

• Std st: 33035 km: 77475 \$7,350 \$67** Bi-weekly

10 Kia Soul

 Loaded, A/C, Roof, Auto st: 32895 km: 53986 \$16,650 §134*** Bi-weekly

• Loaded, A/C, Lthr, Auto st: 33083 km: 91991

07 Cadillac S

st: 33059 km: 55939

09 Lexus RX350 • AWD, Loaded, Lthr. Roof, Auto st: 32858

km: 45574 \$247*** Bi-weekly



09 Kia Rio

 Loaded, A/C, Auto st: 32437 km: 63588 \$9,820

07 Accent GLS

• Loaded, A/C, Auto st: 33148 km: 98363 \$6,850



10 Honda Civic

 Loaded, A/C, Auto st: 33011 km: 51599 \$14,950

 4matic, AWD. Loaded, Roof, L st: 33099 km: 79995





11 Suzuki Swift

Loaded, A/C, Auto st: 32804 km: 24243





07 Pontiac G5 Coupe

• Std st: 32965 km: 55257 \$7,350

10 Honda Insight Hyl

 Loaded, A/C, Auto st: 31958 km: 53737 \$18,800

07 VOLVO V50 LOADED, A/C, AUTO • 72601km st:32108 • **\$16,940** • bw:\$154**

08 ROGUE S LOADED, A/C • 60408km st:32998 • **\$15,840** • bw:\$144"

08 TRIBUTE S LOADED, A/C, AUTO • 93929km st:33161 • \$12,890 • bw:\$117"

08 ACCORD LOADED, A/C • 105003km st:32995 • \$13,750 • bw:\$125"

08 SANTA FE GLS AWD LOADED, A/C, AUTO • 92401km st:33044 • \$14,950 • bw:\$136*

07 FORD RANGER SPORT A/C, AUTO • km:108878 st:33022 • \$8,950 • bw:\$82"

11 SONATA LOADED, A/C, AUTO • 56556km st:32771 • \$17,950 • bw:\$145***

11 PATHFINDER LOADED, A/C, AUTO • 27056km st:32697 • \$28,970 • bw:\$224***

09 DODGE JOURNEY LOADED, A/C • 41987km st:33068 • \$13,960 • bw:\$113***

10 GR.CARAVAN SE STOW N GO, LOADED, A/C • 62166km st:32867 • \$15,950 • bw:\$129***

10 FUSION SE LOADED, A/C, AUTO• 66478km st:32783 • \$15,750 • bw:\$127"

10 PATRIOT 4WD LOADED, A/C, AUTO • 59739km st:32942 • \$15,950 • bw:\$129**

10 COROLLA CE LOADED, A/C, AUTO • 62483km st:32949 • \$13,850 • bw:\$112***

07 MAZDA CX-7 LOADED, A/C, ROOF, AUTO • 79946km st:32910 • **\$16,980** • bw:\$143"

08 SPORTAGE LX LOADED, A/C, AUTO • 58304km st:33119 • \$13,480 • bw:\$123***

07 TOYOTA RAV4 4WD LOADED, A/C, AUTO • 94969km st:32215 • \$16,840 • bw:\$153"

08 LIBERTY NORTH EDITION 4WD 3.7L, LOADED, A/C • 42002km st:11146-A • \$16,950 • bw:\$154**

11 ESCAPE XLT 4WD LOADED, A/C, AUTO • 28327km st:32782 • \$22,950 • bw:\$178***

10 MATRIX LOADED, A/C, AUTO • 61657km st:32449 • \$14,950 • bw:\$121***

10 SENTRA XTRONIC CVT LOADED, A/C, AUTO • 65580km st:33061 • \$12,450 • bw:\$101***

07 LEGACY AWD LOADED, A/C, ROOF, AUTO • 79319km st:28575 • \$15,950 • bw:\$154"

07 VOLVO XC70 AWDLOADED, A/C, AUTO, LEATHER • 112608km st:32911

• \$16,980 • bw:\$155

10 ALTIMA 2.5S

LOADED, A/C, AUTO • 75294km st:32443 • \$14,950 • bw:\$121***

07 TUCSON 4WD LOADED, A/C • 84626km st:33122 • \$13,970 • bw:\$127"

08 PILOT 4WD LOADED, A/C, AUTO • 43858km st:31966 • \$23,780 • bw:\$208***



1261 ST. JOSEPH BOULEVARD, GATINEAU 819.770.2277

JUST 5 MINUTES FROM DOWNTOWN OTTAWA. OPEN 8 DAYS A WEEK - BILINGUAL STAFF

Vehicles may not be exactly as